

FALL 2017 POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool open Monday-Thursday 5:00am-10:00pm Friday 5:00am - 9:00pm					7:00am-5:00pm	7:00am-7:00pm
Aqua Fit 9:00-10:00	Aqua Fit 9:00-10:00	Aqua ZUMBA 9:00-10:00	Aqua Fit 9:00-10:00	Aqua ZUMBA 9:00-10:00	Aqua Intense 8:30-9:30	
5:30-6:30 Aqua Intense		Aqua ZUMBA 5:45-6:45	4:00-5:30 Family Swim	5:30-6:30 Aqua Intense	Family FUN 3:00-4:30	
6:30-8:00 Family Swim						



- Designated Lap Swimming: All Four Lanes Open~ Please circle swim to share lanes.
- 9:00am Aqua Fit: Due to class size, lap swimming is not available during this class. (M-F)
- Aqua ZUMBA: This class combines the best of Aqua with all the fun, fast & slow movements of ZUMBA (see below for lane usage re: PM Aqua Zu
- Aqua Intense : 1-24 in class = 2 lanes open, 25-34 = 1 lane open, 35+ all lanes dedicated to class.
- Family Swim: Members may bring in member children to swim ~ Single-parent/family membership required.
- Family FUN: Members bring your friends to swim for a discounted guest fee (only \$5 per child)

* No lifeguard on duty ~ All children under the age of 14 must be supervised by a parent in the pool area.

* Must be 14 years or older to use the whirlpool.

* No breakable containers and no diaper changing on pool deck. * Swim diaper required for diaper age children.

* Children under the age of 14 are not permitted in the main locker room, please use the Family Locker rooms.

STATE LAW REQUIRES ALL SWIMMERS TO SHOWER PRIOR TO USING POOL/SPA & AFTER USING TOILET FACILITIES