

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

*Pool open Monday-Thursday 5:00am-10:00pm Friday 5:00am - 8:00pm*

*Pool open from 7:00am-3:00pm*

**Aqua Fit  
9:00-10:00**

**Aqua Fit  
9:00-10:00**

**Aqua ZUMBA  
9:00-10:00**

**Aqua Fit  
9:00-10:00**

**Aqua ZUMBA  
9:00-10:00**

**Aqua Intense  
8:30-9:30**

**Family FUN  
1:00-2:30**

**5:30-6:30  
Aqua Intense  
6:30-8:00 Family Swim**

**4:00-5:30  
Family Swim  
5:30-6:30  
Aqua Intense**



**Designated Lap Swimming:** All Four Lanes Open~ Please circle swim to share lanes.

**9:00am Aqua Fit:** Due to class size, lap swimming is not available during this class.

**Aqua ZUMBA:** This class combines the best of Aqua with all the fun, fast & slow movements of ZUMBA!!

**Aqua Intense :** 1-24 in class = 2 lanes open, 25-34 = 1 lane open, 35+ all lanes dedicated to class.

**Family Swim:** Members may bring in member children to swim ~ Single-parent/family membership required.

**Family FUN:** Members bring your friends to swim for a discounted guest fee (only \$5 per child)

\* **No lifeguard on duty ~ All children under the age of 14 must be supervised by a parent in the pool area.**

\* **Must be 14 years or older to use the whirlpool.**

\* **No breakable containers and no diaper changing on pool deck. \* Swim diaper required for diaper age children.**

\* **Children under the age of 14 are not permitted in the main locker room, please use the Family Locker rooms.**

**STATE LAW REQUIRES ALL SWIMMERS TO SHOWER PRIOR TO USING POOL/SPA & AFTER USING TOILET FACILITIES**